

apafss.eu
Adapted Physical Activity / theory and practice
Adaptowane Aktywność Fizyczna / teoria i praktyka
Aðlagð hreyfing / kenningar og verkefni


Mobility in the Project „Adapted Physical Activity – theory and practice”

apafss.eu FSS/2013/IIIC/W/0020/U/0003

financially supported by the Foundation for Development of the Education System – Programme Operator for the Scholarship and Training Fund under the Inter-Institutional Cooperation action

Meeting (Warsaw 26.04.2014)


Izabela Rutkowska



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Types of mobility


- STUDY VISIT (SV)
 - Teacher mobility (TM)
 - Student/Pupil mobility (SM)
 - Expert mobility (EM)
- WORKSHOP (W)
- CONFERENCE (C)



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The schedule

year	2014											
month	I	II	III	IV	V	VI	VII	VIII	IX	X	XI	XII
Type of mobility				SV ₁ PM PL		W ₁ PL				C PL	SV ₂ IS	
year	2015											
month	I	II	III	IV	V	VI	VII	VIII	IX	X	XI	XII
Type of mobility		W ₂ PL	SV ₃ PM PL				W ₃ IS					SV ₄ IS




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Types of mobility (1)

- STUDY VISIT

The aims:

- to plan details of project activities (workshops and conference organization, IPAQ adaptation, research schedule for evaluation of physical activity, organization of students and teachers mobility)
- mutual recognition of the existing potential of both institutions in the areas of education and scientific cooperation.



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STUDY VISIT

- 4 VISITS
 - 2 – Poland April 2014, May 2015
 - 2 – Iceland December 2014, October 2015
- 5 days
- 2 persons (TM x 2 or TM x 1, EM x 1)
- cost of flights, accommodation, transport



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Types of mobility (2)

- WORKSHOPS (2 - Poland, 1 - Iceland)

Workshop 1 in Poland „Wheelchair settings, wheelchair maneuverability and assessment of physical activity in wheelchair users” – 2-6th June 2014

- 5 persons (TM x 1, SM x 4) – Iceland
- 1 external expert of the project (EM x 1) (prof. Tomasz Tasiemski)
- 10 students – Poland
- 2 teachers (prof. Bartosz Molik and Anna Ogonowska-Słodownik, M.Sc.)
- 5 days
- cost of flights, accommodation, transport



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Workshop 2 in Poland „Posture in people in wheelchairs – prevention, symptoms, causes, diagnosis and treatment” – February 2015

- 5 persons (TM x 1, SM x 4) – Iceland
- 10 students – Poland
- 2 teachers (Agnieszka Stepień, Ph.D. and Marta Sidaway, Ph.D. from AWF Warsaw)
- 5 days
- cost of flights, accomodation, transport



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Workshop 3 in Iceland "Aquatherapy and swimming for people in wheelchairs" – July 2015

- 5 persons (TM x 1, SM x 4) – Poland
- 10 students – Iceland
- 3 teachers (Prof. Hafþór Guðmundsson and Ingi Einarsson and AWF Warsaw Anna Ogonowska-Słodownik, M.Sc.)
- 5 days
- cost of flights, accomodation, transport



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Types of mobility (3)

➤ CONFERENCE

4th International Conference of Prof. Andrzej Seyfried
Physiotherapy 'Ideas Adapted physical activity in
rehabilitation and education
24-25th October 2014

- 5 persons (TM x 2, SM x 3) – Iceland
- 3 days
- !!!!!!!!! SM - cost of accomodation, transport
- TM - cost of flights, accomodation, transport



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Deadlines for lists of final student selections (names)

- CONFERENCE
(23-24 October 2014) - **02.06.2014**
- WORKSHOP
W₂ (February 2015) - **01.10.2014**
- STUDY VISIT (names of teachers)
SV₃ (May 2015) - **02.01.2015**



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EXAMPLES of FINAL SELECTION CRITERIA FOR AWF WARSAW STUDENTS for WORKSHOP 1

Target group: physiotherapy students from the bachelor program level (2nd and 3rd year) and master program level (1st year).

Documents: Candidates are required to send by e-mail (info@awfss.eu) and submit the signed paper versions to the Project Office of:

- signed CV Europass in English (please <http://europass.europa.eu/en/home/>) with the following obligatory fields: personal information with e-mail address and personal skills / other languages



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FINAL SELECTION CRITERIA FOR AWF WARSAW STUDENTS for WORKSHOP 1

- **signed consent for personal data use (please download from: <http://awfss.eu/awfss/warshopp1/consent.pdf>)**

Project Office: Warsaw, ul. Marymoncka 34, Faculty of Rehabilitation, room 36.

Application deadline: 25th of April 2014.

The main criterion for the final workshop selection will be the average grade from the previous academic year or semester.



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➤ **DISCUSSION**
➤ **QUESTIONS**
➤

